

- PROMOTING QUALITY OF LIFE
- DIGNITY IN DEATH
- SUPPORT IN BEREAVEMENT



MEDIA RELEASE

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FOR IMMEDIATE RELEASE

THE CENTURION HOSPICE LAUNCH PODCASTS

Well-known radio and television Riva Schoeman is the voice behind the microphone in a series of podcasts that will be a first for any Hospice in South Africa.

The new podcasts series called: Port of Call from Centurion Hospice, will connect listeners with experts as well as leaders in hospice and palliative care, with pertinent and heart-warming discussions about timely issues that patient's, family members and friends are faced with when a loved one is diagnosed with a terminal illness.

In the inaugural episode, Riva interviewed the parents of the late Nick Prinsloo, who sadly passed away last year, at the age of 16, from a rare form of cancer.

"We celebrated his sixteenth birthday – he was still here – it was an event that we will never forget," a highly emotional Willie Prinsloo, Nick's father, told Riva.

The discussions and interviews will focus on topics such as "I survived cancer, what happens now?"; The death of a child; and The important role that the hospice plays in society.

The purpose of these podcasts," says Annette Reed, the general manager of the Centurion Hospice, "is to raise awareness of the courageous conversations that we need to have around life-limiting and life-threatening illness and injury. Many people have questions around what palliative care is and what hospice does. And many people dread these words – immediately associating it with death."

Experts like Philip Aucamp, a social worker at the Centurion Hospice, Elize Thirion, a psychologist and Dr. Hermann Liebenberg, specialising in journal therapy will be just some of the quest speakers.

Riva says: “The interview I had with the Prinsloo family not only pulled at my heartstrings, it taught me valuable lessons. I have the utmost respect for the staff at Centurion Hospice, may we all learn from them, mostly, what it means to be truly caring and to have real compassion. It is an enormous privilege to be a part of this amazing project. I look forward with great anticipation to the next interviews. You will not regret tuning in for these podcasts. Raw emotion, the honest truth and, as I mentioned, valuable lessons are just some of the things you can expect. Do not miss a single podcast. Thank you, Centurion Hospice. “

Port of Call podcasts will be released every second Friday.

Episode 1 will be released this coming Friday. Ready yourself for insight into the hearts and emotions of parents who had to deal with the loss of a child.

The podcasts are available free-of-charge to all listeners and can be found on the Centurion Hospice website and Facebook Page.

These recordings are sponsored by Deon van der Merwe from the group Touch of Class. Companies or individuals are invited to advertise on our podcasts.

NOTE TO THE EDITORS:

For interviews with Riva Schoeman or Annette Reed, the General Manager of the Centurion Hospice, please call Yolanda Lemmer on 061 789 9180

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ABOUT THE CENTURION HOSPICE

Centurion Hospice provides high quality care to people with life-limiting illness or injuries. Our services are provided in the client's home by a team of professional nurses, social workers and caregivers supported by medical doctors. Medical care, pain management, psychosocial services, bereavement counselling, support groups and support for the carers are offered.

Our Vision is *quality of life for all living with life-limiting conditions*. We provide physical, psychological, spiritual and bereavement support during this difficult journey and home visits are often the only assistance offered to certain families. We also deliver medication and our staff travels to our clients wherever they are. After four years the In-Patient-Unit (IPU) is going to open its doors again. We have beds available for fifteen patients. The planned opening date is end of September 2020. Thus, we can proudly say, that in a time of corona-retrenchments, we can employ around six additional medical staff.